

PUPPY TOILET ROUTINE

Keeping track of your puppy's elimination schedule will help you figure out their daily routine and avoid accidents. Knowing their patterns gives you an idea of when they need to be let outside to toilet, and when to feed. If you notice that they're having accidents at similar times each day or week, you can adjust their schedule to set them up for success. Keeping a log helps you see their progress and keep you on track.

This chart will help you, or your whole family, track whether or not your pup has already had a toilet break or needs to go outside. Keep it up somewhere easy to see and fill out, like the front of your refrigerator or by the front door.

Make sure you're still watching your puppy all the time for any signs they need to potty, as they're still growing and might need to go at any time.

How to Use the Puppy Toilet Routine chart

- Print the chart, one for each week you are toilet training.
- Update the chart every time your puppy goes to the toilet, whether in an appropriate place like outside, or if it's an accident.
- Log the day and date, fill in the time your puppy goes to the toilet, it's also helpful to write *where* they went to the toilet.
- Describe what kind of elimination your puppy had and make notes on whether it was regular or had any abnormalities (e.g., normal stool, hard, loose, diarrhea, multiple small urinations, etc.) if you're noticing a trend in irregular eliminations, speak with your veterinarian about what could be causing them.
- Remember when you feed your puppy. Puppies usually need to eliminate 15 – 40 minutes after feeding.
- Remember when your puppy sleeps. Puppies usually need to eliminate straight after waking.
- Give your puppy toilet opportunities after any playtime too.
- Toilet training doesn't need to take months providing effort is put into toilet training and puppies are given frequent opportunities to toilet – set your puppy up for success by being around them regularly during their toilet training days.
- Many puppies cannot toilet if overwhelmed or anxious – this is normal. Provide a safe and calm atmosphere where your puppy can toilet without being too distracted.

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Training & Welfare

Day & Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12am - 2am							
2am - 4am							
4am - 6am							
6am - 7am							
7am - 8am							
8am - 9am							
9am - 10am							
10am - 11am							
11am - 12pm							
12pm - 1pm							
1pm - 2pm							
2pm - 4pm							
4pm - 6pm							
6pm - 8pm							
8pm - 10pm							
10pm - 12am							